

## ACHIEVE Wellness Committee Meeting

Thursday, June 7, 2012

### Introductions

### Budget

- a. Fundraising Event – “Fun Run” – Saturday, October 22
  - 1. Sponsorships

### Menu Labeling (Local Restaurants) – Lake Health

### Sub Committee Updates

- a. Community
  - 1. Complete Streets/Active Transportation
    - NEO Planning & Zoning Workshop – Friday, June 22 at LaMalfa
    - Social Event w/ Darwin Hindman – Thursday, June 21 at Willoughby Library
  - 2. Bike Days
  - 3. Community Gardens
  - 4. Corner Store Survey Results
  - 5. Food & Nutrition Classes – Started Today
  - 6. Marketing – Great Lakes Mall & Promotional Supplies
- b. School
  - 1. Next Round of Grants – Fall
- c. Worksite
  - 1. Next Round of Grants – Summer
  - 2. Survey – Promark Enterprises
- d. Mental Health
  - 1. Next steps – still being determined
- e. Aging
  - 1. Senior Center Assessments
  - 2. Council on Aging

### Update on CHIP (Community Health Improvement Plan)

ACHIEVE “Legacy Document” – will highlight 10 communities across the country and Lake County is one of them.

### 5K Challenge! – This Saturday, June 10 at 8:00 AM

- a. Meeting Location & Time
- b. T-Shirts

### Next Meetings

- A. ACHIEVE Wellness Committee
- B. Sub Committee Meetings

### DISCUSSION - TBD

- a. Community
  - July 11 at 1:30 p.m. (Metroparks – Concord)
- b. School
  - July 26 at 9 a.m. (Health District)
- c. Worksite
  - July 10 at 3:30 p.m. (Lakeland)
- d. Aging
  - July 25 at 3 p.m. (Health District)
- e. Mental Health
  - July 17 at 1 p.m. (Health District)

## Quick Updates

### A. Community

#### a. Sidewalk Implementation

- i. Initial conversation resulted in an interest from the townships to begin to look at a plan for ensuring sidewalks are installed in neighborhoods when they are developed. No further action has been taken.

#### b. Automated Bike Racks

- i. The quote for 3 bike racks (each one holds 10 bikes) was \$120,000, which is too expensive.

### B. Schools

#### a. School of a Healthier Tomorrow

- i. This \$10,000 grant proposed to Willoughby-Eastlake, as a second attempt to partner with the schools, to institute changes within several of their school buildings is no longer a consideration. The district is interested in using the funds for items that are not in line with the ACHIEVE vision. We are not planning to revisit this.

#### b. School Gardens

- i. Four applied (Perry High School, Riverside High School, Mentor Christian, and Hopkins Elementary (Mentor)) for these grants. Two were awarded their money; Hopkins and Riverside. Perry's proposal was denied because it was not in line with the vision for this grant. Mentor Christian's grant dollars were delayed due to providing late documentation and because of this they opted to back out as a grant recipient. Hopkins' garden could and should be a model for other schools.

### C. Worksite

#### a. "Wellness at Work" Expo.

- i. We looked into the cost of having Promark Enterprises promote and assist with this event and decided that we were not sure it would be beneficial to spend the money, not knowing what turnout we would get. Instead of doing this event in September, we felt it would be more beneficial to survey businesses in Lake County to assist us with locating employers that do really well, in terms of health and wellness, and employers that need assistance in this area.